

KITCHENER-WATERLOO

**RISINGStars**  
ATHLETICS & EDUCATION



# LACROSSE SUMMER CAMPS & CLINICS

## The Ultimate Summer Camp **EXPERIENCE!**

Rising Stars' SUMMER camps, clinics, and workshops are designed to benefit everyone, regardless of age, gender, SKILL level, or ATHLETIC abilities and goals. With programs & training at both the FUNdamental and ADVanced levels, our unique and AGE APPROPRIATE approach to SPORT DEVELOPMENT, along with FUN and innovative drills, skills, and challenges, are guaranteed to help youth DEVELOP a love for SPORT and improve all aspects of their GAME!

Enhance Athleticism Transitions Elite Instruction Stamina  
Gains Strength Agility Skill Speed Consistency Mechanics  
Fundamentals Maximize Advanced Quickness Athleticism Per



### Summer Sessions 2017

#### DAILY SCHEDULE

9:00am-12:00 - LUNCH - 1:00-4:00pm

JULY 10-14	8-10 YEAR OLDS	LEARN TO PLAY
JULY 24-28	8-10 YEAR OLDS	LEARN TO COMPETE
AUG 21-25	11-14 YEAR OLDS	LEARN TO COMPETE

\*Early drop off & pick up available



Featuring

**Leo Stouros**

Lacrosse Coordinator & Head Instructor

3x National Champion  
Former D1 Scholarship Athlete  
O.L.A. Top Graduating Player '2015  
Laurier Univ. Assistant Coach  
NLL - Georgia Swarm '2016-17  
World Champions '2017

'We are excited to offer this series of summer camps and clinics, aimed at developing local lacrosse players at various location in the KW region'. **Please call for additional detail!**

## TOTAL DEVELOPMENT of COMPLETE ATHLETES

To register, please contact:

[info@riseabovetherest.ca](mailto:info@riseabovetherest.ca)

Visit us at [www.riseabovetherest.ca](http://www.riseabovetherest.ca) 1-866-308-9820 ext 204

